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O Excellent Class, Thank you for the teaching. I appreciate your dedication and willingness to pass along your knowledge.

- Good civilian focus and techniques.
- I liked the moves, balance techniques, and increased striking power... and the slapping.
- Most important take away was the change from Defensive mindset to Offensive mindset. This is huge for me.
- Switching to Offensive mindset, and the potential to break the perps OODA Loop at the same time, was alone worth the price of admission - Thank You
- Locks + joint manipulation were added bonus, but not likely to be used much as a civilian.
- Everything else was great stuff
- Concerns I have are not being able to practice techniques with others between seminars. Videos will be helpful with this.
- Police always have offenders in varied degrees of compliance. As a civilian though I would expect to be in a full frontal assault with complete commitment on their part. Do these techniques hold up under a full frontal (steamroller) assault? My guess is yes, but this will require lot of precision on my part. But I'm good with that

Class was well organized and orchestrated.  
Good hand on training for various people  
in all walks of life. Highly Recommended.

Improvements:

- 1.) Fix slide show handout
- 2.) Flyer could use something about "Attire!"

# Halligan Combat Systems Review.

GREAT CLASS + INSTRUCTORS.

INSTRUCTOR DELIVERY WAS EXCELLENT.

ASSISTANT INSTRUCTORS WERE OUTSTANDING TOO.

JIM + DAVE WERE VERY HELPFUL.

PROS: DAWNY IS EXTREMELY KNOWLEDGABLE AND CONVEYS THE MESSAGE VERY WELL. THE MATERIAL PRESENTED WAS A TRUE EYE OPENER FOR ME, A CIVILIAN. I ENJOYED LEARNING HOW THE SYSTEM TRANSLATES INTO USING THE KNIFE WORK.

THANKS FOR TEACHING ME HOW TO HIT, SLAP + PERFORM LOCICS.

CONS: AS A CIVILIAN I DIDN'T THINK THE VEHICLE EXTRACTION APPLIED TO ME SO I WORKED ON OTHER THINGS DURING THAT MODULE.

LASTLY, I THINK 3 DAYS IS 1 DAY TOO LONG. IF THE 2 DAYS WERE TIGHTERED UP I THINK THAT SHOULD COVER IT. YOUR CALL, BUT DAY 3 WAS NOT AS PRODUCTIVE FOR ME.

OVERALL: GLAD I CAME, I'D DO IT AGAIN.

10.27.10

The reason I took this class is because I'm striving to be a police officer. I am very proficient with firearms, but my knowledge of hand-to-hand combat was completely blank. Paul Howe had recommended Denny Halligan's system because it's effective, it works for anyone, and it coincides with Paul Howe's shooting system. What I've learned after going through this class is monumental. I honestly feel like I have a better grip on the physics of fighting and the body than my friends and coworkers. I hope to be able to attend more classes like this in the future, and I definitely plan on bringing in family and friends to learn the same.

-Christine Hayes

For future contact:

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## Halligan's Combat Systems

In My 15 yrs of Law enforcement I have never seen or used a system that advocated the Strike over the Control first principal.

This system's easy to learn, retain and use if you follow the basic foundation of alignment from 90° to the subject with a offensive mindset of hit first and to be aggressive in nature all the way to handcuffing.

I recommend this type of training to all law enforcement. You owe it to your family to win at all cost and Danny can show you <sup>how to</sup> do that with ease.

Bellard  
Michael Bellard

P.S Thanks Paul for hosting this course. Your contribution to the L.E. family is greatly appreciated.

I have worked/trained in martial arts since I was 9 years old. With that being said the principles presented in this instruction was broken down to its simplistic form - body alignment. With correct body alignment, the power that can be generated is quite incredible. Once body alignment was addressed we moved to striking. The method of punching was a complete shift in my paradigm, but was applied in a such a manner that "it made sense."

As a police officer "making sense" is a way of life. One in particular is gun retention. why not block and strike simultaneously to keep the gun where it belongs? Too often we as LEO are defensive when an offensive mindset is paramount in our own survival. Control over defensive. Offensive is controlling your subject as opposed to defending your self. We are always ~~to~~ supposed to be ahead of our opponent - it saves our lives. - and Danny paints the picture clearly.

I highly recommend this course. It will shift your paradigm, no matter what style you train - or how ~~good~~ good you think you are. I have added a lot of new tads to my belt in 3 days.

F. Arce

JAX Sheriff's Office  
(904) 630-2324

First off, Thanks for the instruction and for making it hurt. Feeling the pain showed that ~~the~~ it worked. Everything I learned is going to affect the way I handle situations while on patrol I hope to take this class again when ya'll come back down this way.

There is not really much I'd like to see different I think the thing different is making students continue drilling the ~~drill~~<sup>move</sup> until it's time to move to the next or take a break. I enjoyed it!

## Halligan Course Critic by Sercet Satir

Course was introduced in a laid back manner. Danny was well versed in instructing both civilian and LE people. As a civilian I have not had much hand to hand experience or street fighting experience, I felt that if I came away from the course with one or two things under my belt I would be better off. Following both the 1<sup>st</sup> and 2<sup>nd</sup> day I walked away confident that I could really inflict some damage with both my hands and with a knife. Breaking the brick on the 2<sup>nd</sup> day with a slap sealed the deal, making me realize that being relaxed and fluid with your power was key. As Danny said from the first hour of the course building from the basics is ~~great~~ <sup>key</sup>. Thanks for a great course.

### Pluses

- Instructors
- Danny
- Basic/Simple Principles
- Very elemental

### Negatives

- Too much downtime Day 3
- LE stuff not needed for civi. but interesting for us
- That even going 20% could hurt you, and not being able go 100%

I HAVE TRAINED IN MIX MARTIAL ARTS FOR THE LAST SEVERAL YEARS. WHAT DANNY IS TEACHING FALLS RIGHT IN LINE WITH OTHER ARTS I HAVE BEEN TAKEN. THE DIFFERENCE IS, DANNY HAS SHOWN ME TO BE OFFENSIVE 100% OF THE TIME, NEVER DEFENSIVE. I HAVE LEARNED HOW TO BALANCE MY BODY AND USE THAT BALANCE TO MY ADVANTAGE TO DOMINATE THE FIGHT. DANNY IS A STAND-UP GUY, HE STAYED AFTER CLASS EVERYDAY TO WORK FURTHER WITH STUDENTS TO ENSURE THEY UNDERSTOOD THE CONCEPTS. DANNY WAS ABLE TO PROVIDE ME WITH A SOLUTION TO ANY QUESTIONS OR CONCERNS I HAD ABOUT A TECHNIQUE.

I WOULD RECOMMEND THIS CLASS TO ANYONE, LAW ENFORCEMENT OR NOT. I REALLY ENJOYED TRAINING WITH YOU DANNY AND HOPE I GET ANOTHER CHANCE IN THE ~~2020~~ FUTURE. BE SAFE & KEEP TRAINING.

TONY BATOUS

JAX SHERIFF OFFICE

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The class was Excellent! I really enjoyed the break down of the principles and the intense instruction from you (Nanny) and the other Instructors. From a LE point of view, I will be implementing the control (locks) for Handcutting, prone, and vehicle extractions.

I will be recommending this class to as many LE officers as possible. I would love to attend an Instructors course!

LeMond

Cedar Park Police Department

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DATE OF TRAINING: 10/25 - 10/27

LOCATION: CSAT, NACODOCHES, TX

TRAINING WAS INTENSE DURING 1<sup>ST</sup> DAY, WITH AREAS OF SYSTEM OVERLOAD  
2<sup>ND</sup> DAY WAS BETTER FACED, WITH AMPLE TIME FOR REVIEW AND FINE-TUNING  
OF DAY 1 TECHNIQUES AS WELL  
3<sup>RD</sup> DAY WAS LIMITED BUILDING UPON PRIOR TECHNIQUE, THEN REVIEW w/VIDEOTAPE  
OF ALL AREAS.

EXCELLENT INSTRUCTION AND INSTRUCTOR. TECHNIQUES PRESENTED OBJECTIVELY  
WITHOUT EGO OR DEFENSIVENESS.

TECHNIQUES WERE WORTH CONSIDERATION & IMPLEMENTATION THROUGHOUT ALL  
LE PROGRAMS, AND ALL USER FRIENDLY (IE.: NO REQUIREMENT FOR  
SIZE OR STRENGTH).

WILL ATTEND FOLLOW-UP AND POSSIBLY INSTRUCTOR CERTIFICATION  
TRAINING IN THE FUTURE, AND WOULD RECOMMEND HIGHLY TO  
ANY DT PROGRAM.



CHARLES PALMER

LIEUTENANT, TEXAS DEPARTMENT OF PUBLIC SAFETY

ARREST AND CONTROL TACTICS PROGRAM SUPERVISOR

LAW ENFORCEMENT EDUCATION

DANNY,

THANKS FOR THE GREAT CLASS IN  
NACOGDOCHES. YOU AND YOUR INSTRUCTORS WERE  
EASY TO LEARN FROM, ALWAYS APPROACHABLE FOR  
QUESTIONS, AND PROFESSIONAL FROM START  
TO FINISH.

WHAT YOU TAUGHT ME IN 3 DAYS WILL  
HELP ME BE A SAFER POLICE OFFICER.

THE TIME SPENT IN HANDS ON ENCOUNTERS  
WILL DECREASE DUE TO ME NOW TAKING THE  
OFFENSIVE EARLIER, FASTER, AND WITH MORE  
AUTHORITY.

I WILL PASS ON TO BROTHER OFFICERS WHAT  
YOU HAVE PASSED ON TO ME, AND WE  
WILL ALL BE SAFER FOR IT.

THANK YOU AGAIN. BE SAFE, AND  
KEEP DOING WHAT YOU'RE DOING.  
SEE YA NEXT YEAR,

CLAY BOONE  
TEXAS PARKS & WILDLIFE

10/27/10

## Thoughts on Halligan's Combat TRAINING SYSTEMS

① I learned things that ~~will~~ certainly improved my abilities to defend myself and probably my family.

② ~~ke~~ Things that I believe would improve your class:

A. Keep it structured → there was some down time that seemed wasted.

B. Make sure people switch partners regularly.  
→ maybe a timer so we could exposure to all levels of opponents.

C. Put in some grappling  
→ maybe 2-3 moves on the ground that may help in a street fight.

D. Minimize the curse words  
→ it doesn't make me any difference but some folks →

might be distracted or it <sup>could</sup> take away from the professionalism of the course.

E. Maybe some ideas in the ~~written~~ <sup>Syllabus</sup> of how / drills that ~~can improve~~ we can do a home to practice or maintain skill.  
ie. "Squaring up @ family or folks @ Wal Mart"

F. The class was very practical and the basics ~~are~~ appear to be useful immediately even after this brief exposure.

G. I like how you could use the skills for LE or civilian  
ie. showing the female class member how to square up while seated in a car and use a pen to defend herself.  
Of course also going touching on the basics of situational awareness before getting in the car.

Thanks for the class and for the education. I enjoyed it ~~also~~ and would do it again.

P.S. Also, Please quit smoking, you would make a crappy instructor with an Oxygen tank.

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Course Evaluation Civilian ~~MAC~~.COM

I thought the course was great - As a civilian I really liked the mechanics, body alignment, offensive mindset, hitting techniques, knife moves -  
The control methods, car extractions - were cool - but I don't see myself pulling anyone from a car -

For Civilian Course I would love to see -  
- more hitting techniques - & practice on a heavy bag -  
- more reaction drills - hands up → strike a target - could be heavy bag or use the mitts a taekwon do instructor uses for tealy students to hit  
- much more knife techniques  
- how to carry  
- how to deploy  
- how to conceal once it's out  
- STRIKE, slashes - It would be good to practice cuts, moves on a dummy (not me)  
- & practice knife the use a real knife to see how to cut & what a fighting knife can do -

- Some control techniques for real life situations - drunk ass - provoking you at a ball game, bar scene, where you don't want  
over

To kill him -

- asshole in a party lot
- for women → escape a choke, a grab

more fun on the ground fighty - ~~stria~~ (shin) strikes, knee damage

- Would also like some martial art moves that enhance the moves

- Reactionary drills - with instructor - would want speed packy

- Would like more courses - ~~for~~ more more ~~do~~ of a work out - amp up the stress factor

Would like more weapon (gun) take ~~way~~ away  
- & the escapes from someone hold in a gun on your  
- the demos were good - but need more  
drill - & instructor input - what am I doing  
right / ~~was~~ wrong - ~~in~~ kind of like  
a martial art class - has many times do you  
have to practice a move until you get it right

Willing to travel to you  
Willing to do private / semi private lessons  
Will try to get a group together for the  
cool you offered.

Overall - fucky awesome

Ant Freeman  
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Regarding the course at CSAT last week I wanted to offer a few comments as promised.

First, the Hand to Hand Combative course was a great one and was well worth the time and investment. Speaking from the civilian side, this course provided very good skill set training for dealing with hostile encounters when they cannot be avoided or when it is necessary in order to defuse a potentially worse situation such as harm to family or such. I will highly recommend this course to others that would seem fit.

The course provided very simple (when practiced) principles to push through a fight when there is no retreat option or to create the buffer necessary to allow for getting away from the attacker when full engagement is not desirable. The skills that were taught instilled confidence in being able to survive a hostile encounter regardless of physical stature and experience level. The mindset training also had a great impact on changing the standard defensive perspective that civilian or LE personnel typically might have when faced with an unprovoked or expected attack. The "always take the offensive position" mindset once the attacker has made his intentions obvious could clearly be the difference in survival versus becoming a statistic. Although I personally have had some martial arts training in the very distant past I felt that this course taught reality based skills and mindset that I had not previously been exposed to and that would stand up in a true real life conflict far better than anything that I had learned before.

The course format was laid out and taught in an easy to follow and understand format that all students seemed to do well with. This was backed up by the obvious competence of all of the instructors. Please pass my appreciation to Bill and your two assistants. There was a good ratio of instructors to students. A higher student to instructor ratio might have presented challenges with bringing the class as a whole up to speed on the new skills as quickly as was the case in this course. Personally speaking I would definitely attend the same course at CSAT or other convenient local's next year if it is offered as I can easily see continued learning opportunities at the same class and as a refresher on skills that I retain and practice.

One suggestion for additional content would be a more detailed discussion of mindset and skill sets for how to deal with multiple (probably no more than two) attackers. This could easily be the case in a civilian or LE confrontation if it was pushed from the attackers when there was no time for a call for backup or when no backup was available. Another suggestion would be the development of a more defined set of fighting principles similar to the Pistol and Rifle Standards taught at CSAT. I realize that there is a vast difference between the two courses but a set of principles or something similar might help to retain and practice the skills taught especially for those who do not have a trained partner to practice with. The course material was valuable and well work remembering and practicing. As a last note, if this course is to be open to the civilian market you should emphasize that it is a physical hands-on course and that full contact should be expected. All of the students that attended seemed to do well with this, but there could be some in the future that come unprepared and diminish the experience for others.

Again, I really benefited from the course and I appreciate being able to learn from such an obviously competent and accomplished instructor. Best of luck and I look forward to another course.

Scott Cromack  
Segment 6.1 Manager  
Central Texas Highway Constructors  
1914 Borchert Drive  
Lockhart, TX 78644

Mr. Halligan,

I am thankful that I was able to attend your three day class on Halligan's Combat Training Systems. The class was very informative and easy to follow. I was able to walk away from the class with the tools that I needed which would make me more aware as a law enforcement officer and give me the confidence to do my job more effectively. The mind set and techniques that I was able to learn will serve me well and I would highly recommend your system to not only law enforcement but to civilians as well. I would like to thank you and your training staff for your patience and attention to detail. I look forward to attending more of your training in the future.

Thank You,

Jerrald Moore  
Texas State Highway Patrol